



LUANG PRABANG, LAOS

# MONTHLY ACHIEVEMENT REPORT

APRIL 2016

3 GOOD HEALTH AND WELL-BEING



4 QUALITY EDUCATION



5 GENDER EQUALITY







## OBJECTIVES

- To develop relationships with educational institutions and temples with the aim of increasing their ability to provide educational opportunities.
- To increase English classes and life skills for girls from our local partner organisation which rescues young girls from abusive situations.
- To provide equal educational opportunities for both men and women.
- To provide educational opportunities to all students in the local community, regardless of socio-economic status, ethnicity and gender.

## SUMMARY

This April, the first Women's Empowerment volunteers joined GVI Laos! Our WEP volunteers have been teaching 3 classes of girls from our local partner organization who rescue young girls who have been forced or tricked in to the sex industry. In addition to continuing with their English curriculum, our WEP volunteers have also introduced additional subjects to the classroom.







## REPORT

The first of these subjects is an ongoing self-esteem workshop. The girls talked about what a 'feeling' is and drew pictures of how they feel inside. To finish the lesson, they sat in a circle, taking it in turns to say something positive to the girl on their right. At the end of the lesson the program manager of our partner organization approached us, quite emotionally, and thanked us for the workshop. He said that some of the girls had told him that before class they were feeling sad but now they are feeling happy. This workshop will continue to run once a week.

The second new subject focuses on incorporating life-skills into the girls' English lessons. This helps them gain additional skills while continuing to build on their English abilities. The first topic introduced was baking. First, the girls learnt the vocabulary associated with baking including different ingredients, utensils and instructions. Next, they learnt how to read a recipe. Then, they watched a baking segment in order to see the vocabulary and instructions in action. Finally, they choose two recipes, choc chip cookies and chocolate cup cakes, and using their new found skills, baked together!! The girls had a wonderful time, produced delicious food and practiced their English in the process.

In addition to teaching the girls classes, our WEP volunteers have also been hard at work creating women's health workshops with interactive work books. These will be delivered as part of our girls' program next month. Topics include puberty, menstruation, relationships, sanitation and hygiene, sex education and nutrition. We hope to adapt these workshops in the coming months in order to deliver them to rural women and girls from Luang Prabang and surrounding areas.





## ABOUT GVI

We're a family-run organisation with an amazing culture and an awesome team of people across the world who are passionate experts in their chosen field and will make your experience a truly unforgettable one (in a good way).

Our award-winning projects receive over 2000 participants every year, and we're proud to say that the vast majority of them describe their experience with us as 'life changing'. Our approval rate from over 20 000 participants since 1997 is over 95%.

A key component of the success of our community development and conservation projects is the participants who join our programs. Opportunities include high impact volunteering from one week and up, internships for those looking for career development opportunities, Challenges that allow a one week adventure all for a good cause and a range of programs for school groups and younger volunteers.

## CONTACT

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